



Speech and Language Therapy Service

Making Practice Fun!

The more you can get your child to practise making sounds or using words, the more their speech and language skills will develop. Practice should always be fun for your child. If you can build it into everyday routines, they may not even see it as 'work' but if it's easier to allocate a little bit of time to do practise, then using games will help keep them interested.

You will find some handy pictures (relating to lots of different sounds) to use in games using the following link:

- **Board games** - e.g. snakes and ladders. Play a game with your child where he does a couple of practises before having his turn. Or, say the number of pictures that are rolled on the dice.
 - **Jigsaws** - takes turns at turning pieces over, practising a couple of pictures before each turn.
 - **Skittles** - make your own skittles set using empty cereal boxes, toilet roll holders, drink bottles and take turns rolling a soft ball. The other person has to do the number of practises that the first person knocks down.
 - **Car races** - practise a sound or word before racing a car down an old wrapping paper roll - see whose car comes out first or goes the furthest.
 - **Jumping trail** - cut out circles of cardboard (old cereal boxes, etc) large enough for your child to stand on. Make a trail leading over to their snack (or something rewarding). Place a practise picture on each circle for your child to say as they move along the trail.
 - **Hide and seek** - Hide practise pictures around the room/house/garden (count them up so you know how many they have to find). As they find each one, get them to practise 3 x before moving on to find the next one. Then swap over and let your child hide them for you to find.
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