

# HELPING TO KEEP YOUR CHILD



# SAFE ONLINE

**Parents' Guide**

As soon as your child starts going online, it is important that you encourage them to:

- **Communicate with care** - Use kind words and be respectful.
- **Keep private things private** - Don't share private information, including passwords, home address, date of birth, location or phone number.
- **Respect other people** - Be polite and respect that we all have different opinions. If they don't like what they see... tell an adult!
  - **Never plagiarise** - Make sure their work is their own and don't copy others' work.
  - **Speak out!!!** - If they know someone is being treated in an unkind or unfair way, support them by telling an adult.
- **Think before posting, texting, or sharing** - They need to consider how they and others might feel after they've posted something. It's not always easy to take back what has been said online, and online behavior can create a lasting footprint.
- **Check in with their feelings** - Some online experiences can have a negative effect on our mental and emotional well-being. If they ever feel uncomfortable, worried, sad, or anxious, try taking a break and reach out to a friend or adult for help.

# START THE CONVERSATION

**Games and Apps that your child accesses will have a PEGI rating. This rating guides you in making the decision as to whether the game/app is suitable for your child.**

**There are 5 main categories. The number shown indicates the MINIMUM age at which the game/app should be used.**



# PEGI RATINGS

## Here are the PEGI or age ratings of some common Games and Apps



Fifa  
Just Dance  
Animal Crossing  
Super Mario Bros. 35  
Sonic



Minecraft  
Pokemon  
Roblox



The Legend  
of Zelda:  
Skyward  
Sword



Halo



Grand Theft Auto  
Call of Duty

If a Game or App doesn't have a PEGI rating, it will usually have a minimum age which is required to sign up. Here are minimum age requirements for some common Games and Apps.



TikTok  
Snapchat  
Facebook  
Instagram  
Twitter  
Fortnite

Following are some useful guides for common apps.

# PEGI RATINGS

Here is a useful guide for Minecraft:

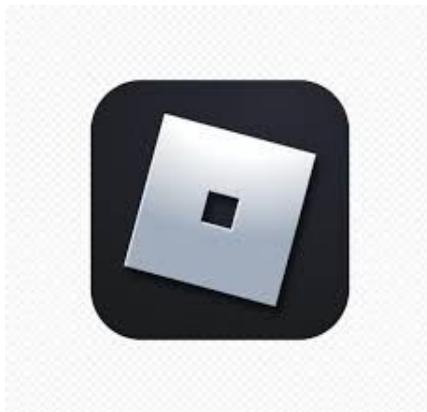
<https://www.common sense media.org/articles/parents-ultimate-guide-to-minecraft>



MINECRAFT

Here is a useful guide for Roblox:

<https://www.common sense media.org/articles/parents-ultimate-guide-to-roblox>



ROBLOX

Here is a useful guide for TikTok:

<https://www.common sense media.org/articles/parents-ultimate-guide-to-tiktok>

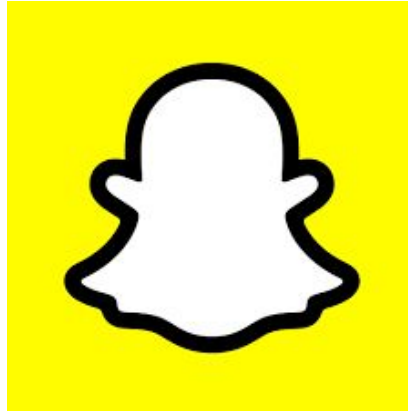


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TIKTOK

Here is a useful guide for Snapchat:

<https://www.common sense media.org/articles/parents-ultimate-guide-to-snapchat>



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SNAPCHAT

Here is a useful guide for Fortnite:

<https://www.common sense media.org/articles/parents-ultimate-guide-to-fortnite>

# FORTNITE

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# FORTNITE

Now, an incredibly important one...

<https://www.common sense media.org/articles/parents-ultimate-guide-to-youtube>



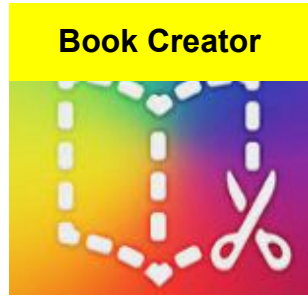
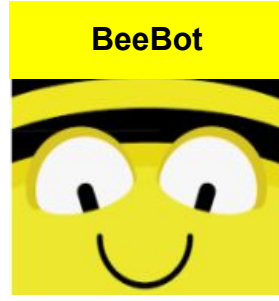
A lot of children use YouTube in many positive ways. But there are certainly aspects of YouTube that need monitoring.

YOUTUBE

**You, as a parent or guardian, have the ability to control what your child accesses using parental controls. Please read this article for more information. Or a simple google search for parental controls on specific apps should provide you with the information that you need.**

**<https://www.common sense media.org/articles/parents-ultimate-guide-to-parental-controls>**

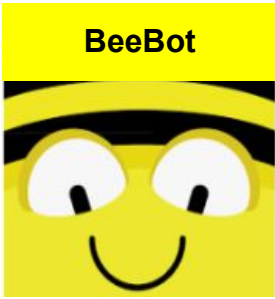
**PARENTAL CONTROLS**



# TOP APPS FOR CHILDREN AGED 3-6



**Chatterpix**



**BeeBot**



**Google Earth**



**Padlet**



**Kahoot!**



**iMovie**



**Adobe Spark**



**Garage Band**



**j2data**



**Jamboard**



**Flipgrid**

**TOP APPS FOR CHILDREN AGED 7-11**

The \_\_\_\_\_ family online safety plan

Look around your home. Search for all the devices which connect to the internet and record here: We have  devices which connect to the internet in our home.

**It's time to talk**  
How do we use the internet as a family? (e.g. for entertainment, for research...)

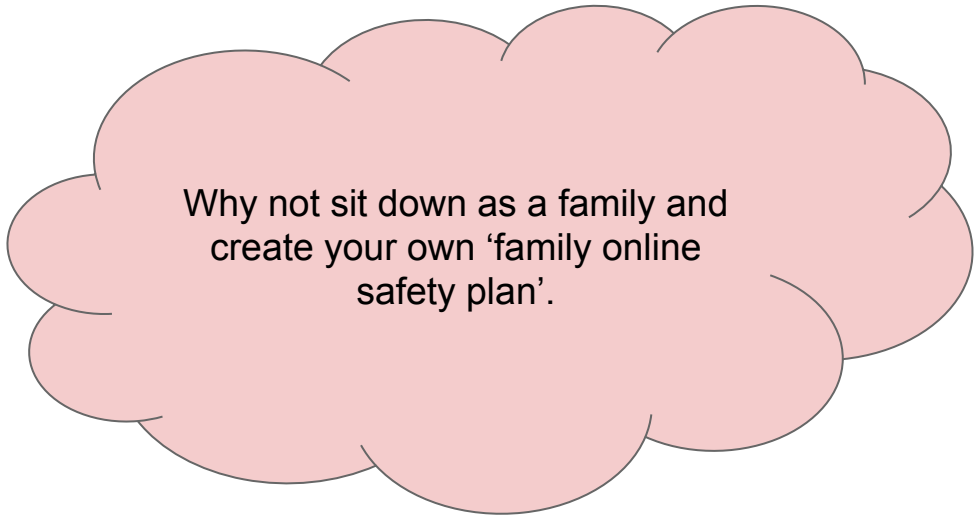
**How can we keep our family safe and happy online?**

What can we use our devices for?	What can't we use our devices for?
Where will we keep our devices?	When can we use our devices?
What should we do if something worries, upsets or confuses us online?	

**Our next steps**

Adults' next steps:	Young people's next steps:
Date:	Signed by:
This plan has been shared with: (grandparents, aunts, uncles, childminder etc.)	

Family Online Safety Plan  
#SaferInternetDay  
www.saferinternetday.org.uk  
PARENTS AND CARER



# FAMILY ONLINE SAFETY PLAN

 **Rules for Staying Safe Online**

Never give out any personal information such as

- your full name,
- address,
- phone numbers or
- school name.



 **Rules for Staying Safe Online**

Only use a computer when an adult is nearby.



 **Rules for Staying Safe Online**

Never arrange to meet someone whom you have met through the Internet, even if you think you know them well or they seem really nice.



 **Rules for Staying Safe Online**

Never give out your password to anyone (even your best friends) other than your parents.



 **Rules for Staying Safe Online**

Tell an adult straight away if you come across anything that upsets you or makes you feel uncomfortable.



 **Rules for Staying Safe Online**


Never send a picture of yourself to a person that you don't know or haven't met.






 **Rules for Staying Safe Online**

Don't fill out forms online without asking an adult first.



 **Rules for Staying Safe Online**

Check with an adult before downloading anything as it could damage the computer.



# COFIWCH!