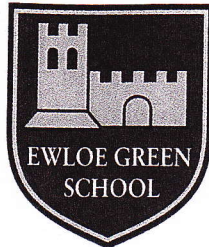


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INVESTORS IN PEOPLE

Always Aiming High

Pennaeth/Head teacher:
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22nd November 2011

Dear Parents/Guardians,

As you are aware we are an accredited Healthy School and as part of our Health and Fitness strategy we work with the local education authority to ensure children are provided with healthy school meals and to ensure all children are educated about the importance of making healthy food choices.

We are noticing a significant increase in the number of children bringing sweets, biscuits, chocolates and crisps to school for break time snack. If children have had a healthy breakfast before school there is no real need for a mid morning snack, however if your child does require something to eat we offer fruit at a cost of £1 per week (payable at the beginning of each half term) or children may bring a piece of fruit from home.

There is strong evidence to show that unhealthy snacks such as those above have a detrimental affect on children's concentration levels as well as leading to tooth decay and childhood obesity. They are also the source of a lot of litter seen around school. If your child needs a mid morning snack please order fruit at the beginning of each half term or supply your child with a piece of fruit from home.

I trust you will support us in this matter.

Yours sincerely,

Mr.D.Williams
(Healthy Schools' Coordinator)